Healing A Broken Heart
Nutritional Foundations: A Collaborative Approach
featuring Mark Anderson, John Bennett, DC & Nicole Eckman, RD

Saturday, January 14, 2017
8:30 am - 5:30 pm
Embassy Suites, Loveland, CO

8 CEUs Available for DCs and Applied Clinical Nutrition (ACN) Certification Enrollees
Call (800) 321-9807 to Register Today!

Program Topic Highlights:
• Heart basics, using auscultation to determine rate, rhythm and tone
  - Normal heart rate, systolic and diastolic rest ratios, quality of first and second sounds
• Clinical implications of common heart findings and associated risk factors for lowered nutritional levels and inflammation
• Specific heart laboratory markers and optimal nutritional ranges
• Using observational findings to correlate associated nutritional deficiencies affecting cardiac structure and function
• Autonomic nervous system imbalances, diet and lifestyle programs
• Applied heart nutrition for functional support, including omega-3s, B complex vitamins, rutin, specific nucleotide formulas and herbal solutions
• Patient nutritional intake, exam flow, report of findings and structured recall process to enhance nutritional heart health protocols and patient results

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Healing A Broken Heart
Healing a broken heart is not limited to restoring the emotional outcomes of separation, betrayal or rejection. In contrast, healing a broken heart also involves the identification of stress-induced changes noticeable in heart function, physical degeneration of the cardiovascular system, manifestation of nutrient deficiencies, indications of malabsorption and assimilation issues, and other observable signs.

Today’s natural healthcare practitioner must position themselves to offer a comprehensive approach to heart health, as well as an environment that cultivates open and honest communication, builds patient/practitioner trust and provides real solutions to common concerns. The “toolbox” for repair should include a mix of interpretive data collected from physical examination, patient intake and history, as well as nutritional assessments used to uncover hidden sources of “dis-ease.”

This year’s professional development programming begins with a trio of gifted speakers, all bringing their unique and collaborative perspective on how to heal a broken heart.

Are you ready to expand your nutritional horizons?

Would you like to learn how to implement nutritional strategies for optimal heart health?

Then don't miss this seminar!
The Heart Sound Recorder

The new Heart Sound Recorder was released in September and is a computer-based, low-risk general wellness monitor that uses the principles of auscultation to acquire, display, record and save heart sounds.

Demonstrations of the device will be offered throughout the day during this seminar so attendees can interact with the technology.

To learn more about this device, go to heartsoundrecorder.org. To inquire about training, call Joseph Antell at (203) 257-0306.